J'nae Simmons

Height: 5'5 | Weight: 148 | Eye: Brown | Hair: Brown

EXPERIENCE

2019 | Delirious Dances - THREE RITES:LIFE —ensemble

2019 | **Nathaniel Hunt** - "the others" —ensemble/duet

2019 | Drastic Action - Urge (exercpt) — trio

2019 | Delirious Dances - THREE RITES:HAPPINESS — trio

2018 | Delirious Dances - THREE RITES:HAPPINESS - ensemble

2018 | **Nathaniel Hunt -** *patched* — ensemble

2018 | Drastic Action - Urge — trio

2017 | **Amanda Swelyn -** *Refuge* — ensemble

2017 | Suku Dance Lab - Me Hago Falta —ensemble/duet

2017 | Wally Cardona - The Set Up:Time—ensemble

2017 | **Donna Uchizono - Simmering**—ensemble

2017 | Alenka Cizmesija & J'nae Simmons - The Things I Tell

You—solo

2016 | Stephen Petronio (Restaged by Davalois Fearon)

-Locomotor—ensemble/duet

2016 | **Christian Von Howard** - **potrait** —ensemble

2016 | MICHIYAYA - *In.Coversation*—ensemble

2016 | Ron K. Brown - To Harm The Dangerous —ensemble/solo

2016 | Alenka Cizmesija - Unframed — ensemble/solo/duet

2016 | **Alenka Cizmesija -** *Unframed* — ensemble/solo/duet

EDUCATION

Long Island University - Brooklyn, NY — B.F.A

2014-2017

Major Dance | Minor Personal Trainer

Queensborough Community College, Queens, NY -A.S

2012 - 2014

Degree in Visual and Performing Arts with Concentration In Dance

TRAINING

Long Island University

Ballet, Modern, Choreography - Dana Hash Campbell, Stephanie

Liapis, Donna Uchizono, Alenka Cizmesija

Queensborough Community College - Emily Berry and Aviva Geismar

Ballet, Modern, Improvisation, Choreography

Genesis Dance School - Kysha Barnett, Nyraena Alvarez

Ballet, Tap, Jazz, Hip-Hop, African, Modern

SKILLS

Highly organized and

detail-oriented

Certified Personal Trainer.

Educated in Anatomy and

Kinesiology

Able to adapt to changes

Punctual

Open-minded and willing to

try new things

LANGUAGES

English